Even when controlling for area of residence, poverty status, and education level, the odds of being food insecure are still approximately 10% higher for women than for men.

In every continent, the prevalence of food insecurity is higher for women than it is for men.

Women and girls are at a higher risk of undernourishment than men and boys, and adolescent girls and women of reproductive age are most at risk of food insecurity and malnutrition.

Unequal access to money and resources — such as land, improved seeds, fertilizers, equipment, and credit — lead to lower yields for women, than men, farmers.

In humanitarian emergencies, women are more likely than men to suffer from food insecurity.

What makes women and girls at greater risk of food insecurity, than men and boys?

- Deep-rooted gender inequalities
- Greater risk of gender-based violence while obtaining food
- Restricted access to assets like land and money
- Limited access to sexual and reproductive health services
- Unpaid care and domestic work

Please visit womendeliver.org for a full list of sources. Developed August 2019.
OUR ADVOCACY ASKS:

Invest in gender equality and the health and rights of women and girls in all food security and nutrition interventions, including those in humanitarian settings.

Strengthen cross-sector collaboration to address all barriers to women’s and girls’ food security and meet their holistic needs, including their financial independence and self-sufficiency, freedom from violence, sexual and reproductive health and rights, and decision-making power.

Meanfully engage women and girls from diverse backgrounds in the design, implementation, monitoring, and evaluation of food security and nutrition interventions as context experts.

Provide sustainable and long-term funding for food assistance programmes in all contexts to tackle systemic gender inequalities that take time to change.

ABOUT US:

The World Food Programme assists 91.4 million people in around 83 countries each year. The World Food Programme (WFP) is the leading humanitarian organization saving lives and changing lives, delivering food assistance in emergencies and working with communities to improve nutrition and build resilience.

www.wfp.org

Women Deliver is a global advocate for gender equality and the health and rights of girls and women. Our humanitarian advocacy elevates the voices of women, and the organizations they lead, to help ensure they have a seat at the decision-making table.

www.womendeliver.org/humanitarian